



Presents

# Kitchener Twilight Grand Prix

Saturday July 27, 2019

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The City of Kitchener, all the sponsors and the Cycle Waterloo Organizing Committee wish to welcome all the participants to the 2019 Kitchener Twilight Gran Prix.

On behalf of the events sponsors, the City of Kitchener and the volunteers who greatly contribute to this event we would like to congratulate and wish you all the success in the Kitchener Twilight Grand Prix.

**Race Organizers**

Malcolm Steven  
Blake Ellis

**Race Director**

Blake Ellis

**Operations Coordinator**

Corrie Bradley

**Road Safety**

Corrie Bradley

**Registration**

Kelly Ellis  
Nicole Steven

**Media**

Malcolm Steven

**Timing**

Doug Pogue  
[www.racetiming.ca](http://www.racetiming.ca)

**Sponsorship**

Malcolm Steven  
Blake Ellis

**Announcer**

Richard Fries  
Chris Kiriakopoulos

**Accounting**

Brent Ellis

**Chief Commissaire**

Anne Cobban

**Awards**

Malcolm Steven  
Blake Ellis

**Medical Services**

Kevin Jones 705-715-3239

## Registration Information

Registration for the Kitchener Twilight Grand Prix is completed online with Cycle Waterloo. Website address: <https://ccnbikes.com/#!/events/kitchener-twilight-grand-prix-2019>

## Entry Fees

All entries are non-refundable and non-transferable.

Online registration will close Wednesday July 24<sup>th</sup>, 2019 at 12:00pm Midnight.

All Youth (A,B,C,D,E)	Women All Categories	Para	Men All Categories
\$35.00 May – June 16 <sup>th</sup> Midnight	\$55.00 May – June 16 <sup>th</sup> Midnight	\$55.00 May – June 16 <sup>th</sup> Midnight	\$55.00 May – June 16 <sup>th</sup> Midnight
\$35.00 June 17 <sup>th</sup> – July 24 <sup>th</sup> Midnight	\$65.00 June 17 <sup>th</sup> – July 24 <sup>th</sup> Midnight	\$65.00 June 17 <sup>th</sup> – July 24 <sup>th</sup> Midnight	\$65.00 June 17 <sup>th</sup> – July 24 <sup>th</sup> Midnight
Same Day Registration will be accepted \$35.00	Same Day Registration will be accepted \$85.00	Same Day Registration will be accepted \$85.00	Same Day Registration will be accepted \$85.00

**Note: Registration Fee + CCN Fee + HST**

**Note: Same day entries will be accepted for all categories.**

- Field **Maximum** of 120 are in effect for each event.
- Field **Minimum** is 20 for each event.
- Race Organizer has the right to make alterations on per case base except for youth categories and para.

**\*Note: US riders will require a UCI International licence to participate in Ontario events.**

**\*\*The Kitchener Twilight Grand Prix is a National Sanctioned Race for Junior Men, Junior Women, Elite 1/2, U23 Men and Elite Women \*\***

**Registration and Race Package Pick-up as per schedule below.**

## Race Selection and Categories

All Youth	Youth (A,B,C,D,E)	Citizens Permit
Para	Para - All Hand Cyclists	Citizens Permit
All Women	All Categories	UCI Permit
All Men	All Categories	UCI Permit

## Schedule & Event Information

Saturday July 27, 2019

### Race Schedule

Race #	Start Time	Finish Time	Category	Estimated Total Time
1	10:15am	10:45am	Youth C-D-E	30 Minutes
2	11:00am	11:35am	Youth A-B-C	35 Minutes
3	11:50am	12:25pm	Para - All Hand Cyclists	30 Minutes + 2 Laps
4	12:40pm	1:30pm	Jr Men	40 Minutes + 5 Laps
5	1:45pm	2:35pm	Master 3 & Elite 4 Men	40 Minutes + 5 Laps
6	2:50pm	3:45pm	Master 2 & Elite 3	45 Minutes + 5 Laps
7	4:05pm	5:15pm	Master 1 Men	60 Minutes + 5 Laps
8	5:40pm	6:50pm	Pro & Elite Women + Elite 3, Master A/B & Junior Women	60 Minutes + 5 Laps
9	7:15pm	8:50pm	Pro & Elite 1/2, U23 Men	90 Minutes + 5 Laps

Youth C Racers can race either race 1 or 2 depending on their ability level. If your unsure of what race to participate in please check with the Commissaire the morning of the event.

## Event Schedule

Race #	Categories	Sign In, Race Times & Podium
Race 3	Youth C-D-E	9:00am – 10:00am Sign In & Package Pick-up
		Start 10:15am / Finish 10:45am
		Podium Ceremony – Beside the start/finish line (Boathouse side)
Race 4	Youth A-B-C	9:00am – 10:45am Sign In & Package Pick-up
		Start 11:00am / Finish 11:35am
		Podium Ceremony – Beside the start/finish line (Boathouse side)
Skills	Skills Session	Start 12:00pm - Skills Session on Water St (Page 10)
Race 5	Para – All Hand Cyclist	9:45am – 11:35am Sign In & Package Pick-up
		Start 11:50am / Finish 12:25pm
		Podium Ceremony – Beside the start/finish line (Boathouse side)
Race 6	Jr Men	10:30am – 12:25pm Sign In & Package Pick-up
		Start 12:40pm / Finish 1:30pm
		Podium Ceremony – Beside the start/finish line (Boathouse side)
Race 7	Master 3 & Elite 4 Men	10:45pm – 2:20pm Sign In & Package Pick-up
		Start 1:45pm / Finish 2:35pm
		Podium Ceremony – Beside the start/finish line (Boathouse side)
Race 8	Master 2 & Elite 3	12:00pm – 2:35pm Sign In & Package Pick-up
		Start 2:50pm / Finish 3:45pm
		Podium Ceremony – Beside the start/finish line (Boathouse side)
Race 9	Master 1 Men	1:00pm – 3:50pm Sign In & Package Pick-up
		Start 4:05pm / Finish 5:15pm
		Podium Ceremony – Beside the start/finish line (Boathouse side)
Race 10	Pro & Elite Women + Elite 3, Master A/B & Junior Women	2:00pm – 5:25pm Sign In & Package Pick-up
		Start 5:40pm / Finish 6:50pm
		Podium Ceremony – On Jubilee under the finish line
Race 11	Pro & Elite 1/2, U23 Men	2:30pm – 7:00pm Sign In & Package Pick-up
		Start 7:15pm / Finish 8:50pm
		Podium Ceremony – On Jubilee under the finish line
	*****	Registration closes 15 minutes prior to posted start times

**Note:** A youth skills session will be run on Water Street at 12:00pm. Details on page 10.

### Junior Riders:

Juniors racers are only permitted to race a maximum of 2 events in the day. So, for example, at the Provincial level a Junior could race the youth series followed by the Junior national race (if the junior skips the skills challenge, they would forgo their youth race results). Or they could race Junior followed by the E3 or E4 race – which gives them the opportunity to earn their o-cup points. If a junior rider is

granted the upgrade to race E1,2 they wouldn't be permitted to race 2 nationally sanctioned races (i.e. Junior and E1,2). A Junior with a provincial upgrade to E1,2 that doesn't get upgraded to E1,2, nationally wouldn't be permitted to race down to E3 or E4.

Everyone in the junior category must be 17 or 18 or have a U17 upgrade and must use junior gearing. If juniors race elite 1,2 with an upgrade, they can use whatever gears they want.

## Registration Location

Registration will be in the parking lot at the corner of Jubilee Drive and David Street.  
(See Map below)

**Note:** Anyone coming to pick up registration packages or registering for the event please note that Jubilee Drive and David Street will be barricaded.



## Rules & Information

### General Event Regulations

- The event(s) will be run under CC/UCI rules.
- The penalty scale of the UCI rulebook will be applicable.
- The event is sanctioned by Cycling Canada as a National Event for Junior and Elite riders.
- Equipment regulations will be enforced for all categories. There will be no exceptions.
- All riders must present their licence and sign on at registration.
- All riders must enter their event class as shown on their licence.
- All riders with Elite as a National category are eligible to race in the Elite 1/2 race.
- Riders with a Provincial Elite 1/2 category and a National Masters category are eligible to race the Elite 1/2 race.
- **U17 and U19 riders wishing to upgrade to the Junior or Elite race must submit an upgrade request to Josh Peacock, Competition Coordinator, Cycling Canada (josh.peacock@cyclingcanada.ca) no later than July 23, 2019.**
- **OCA licenced U17 riders who have been granted permission to upgrade to Junior for the Ontario Cup series do not have to seek separate approval from Cycling Canada to ride as Juniors.**
- **U.S riders must present a UCI licence in order to enter this event. USAC Domestic Licences are not allowed in Canada**
- All foreign licensed riders (other than U.S. riders) must produce a letter of permission from their country's federation.
- All riders (or parents/guardians) are required to sign the OCA and CC waivers, unless they have an OCA-issued licence.
- Races will start promptly at the indicated start times.
- There will not be a team managers meeting.
- There will not be any team vehicles permitted on the course.
- **Any rider dropping out of the race shall immediately notify a Commissaire.**
- Riders who are dropped from the main bunch must proceed at their own risk and should always, when possible, ride on the right side of the road with the flow of traffic.
- The prize list will be displayed at registration. Additional primes may be announced on the start line.
- **Awards will be presented according to the published schedule. Top-3 finishers are required to attend award presentations or risk forfeiting their awards. Riders must wear their competition uniforms for the presentation.**

## Specific Event Regulations – Criteriums

- As this is a criterium race, riders will be given free laps for mishaps (crash, puncture, breakage of an essential part of the bicycle). Riders suffering mishaps shall head to the designated pit area via any means other than travelling backwards on the course, report to the Commissaire, and make repairs. At the direction of the Commissaire only, riders will be allowed to resume the race at the same location in the pack where they had their mishap. **Improperly maintained equipment is not considered a mishap.**
- The pit will be closed when there are 5 laps left in the race from the perspective of the race leader. No more free laps will be given after this point.
- There is no outside feeding allowed in this race



- Lapped riders may be pulled at the order of the Commissaires, either after being overtaken or just before being overtaken. Otherwise, lapped riders must remain separate, even when being overtaken by riders in their own group.
- If riders overtake the field during the race the lapped field will continue as a field, but the field will finish a lap down. Instructions on this process will be given by the Commissaires at the start line before the race.
- Safety Requirements  
All participants must wear a helmet that satisfies all CC requirements. Helmets are mandatory at all times. Commissaries and organizers accept no responsibility for the conditions of the competitors' bicycles before, during and after each event. In case of lightning the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning you are advised to seek shelter until the race can resume.
- Neutral Service & Pit Area  
A Neutral Service Area will be located on the course for any mechanical issues and Shimano will be on site to provide mechanical support and some wheels.  
**Note: Riders are responsible for providing their own spare wheels.**  
All wheels that are borrowed/used are to be returned immediately after the race to the Neutral Service Area. It is your responsibility to return the borrowed/used wheels in good working order after the event. It is your responsibility to ensure that your bike is in safe and proper working order after servicing by the mechanic or Neutral Service Area. A mechanic will be available to service bikes.  
Note: the neutral service area will be located on the North East of Jubilee Drive just past the start/finish line.
- Team Support  
Teams can also support their riders in the Neutral Service Area. If you are supplying your own wheels, it is your responsibility to identify your wheels with your race number. All wheels that are borrowed/used are to be returned immediately after the race to the Neutral Service Area. It is your responsibility to return the borrowed/used wheels in good working order after the event. **We do not accept responsibility for lost or damaged equipment or wheels.** Team Managers are responsible for any garbage that is left in the Pit Area.
- Race Vehicle  
There will be Commissaires in vehicles in front and behind the race at all times.  
All riders are asked to co-operate fully with these vehicles for race safety. All participants and vehicles are to obey the instruction of the Commissaires and respect the barrages (red flag or paddle) in all situations.
- Race Numbers & Timing Tag  
All riders must sign-in on the day of the race.

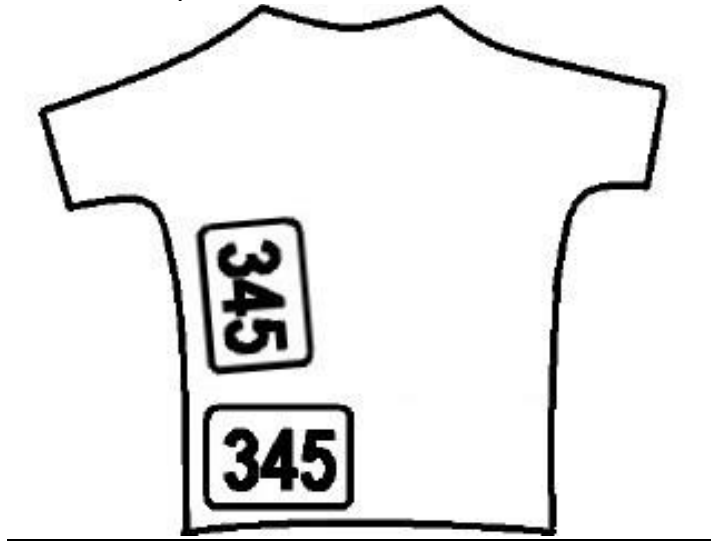
Riders must present their UCI License at sign-in.

Riders will be giving Bib Numbers and pins that will need to be positioned on the back of their jersey as shown in the diagram below.

All riders will be issued a timing tag that will need to be affixed to their bicycle. If you have a second bicycle located in the Neutral Service Area, please request a second timing tag at registration upon signing in that can be affixed to that bicycle. Diagram below shows how to affix the timing tag.

### Diagram of Bib Number Placement Below

Back of Jersey



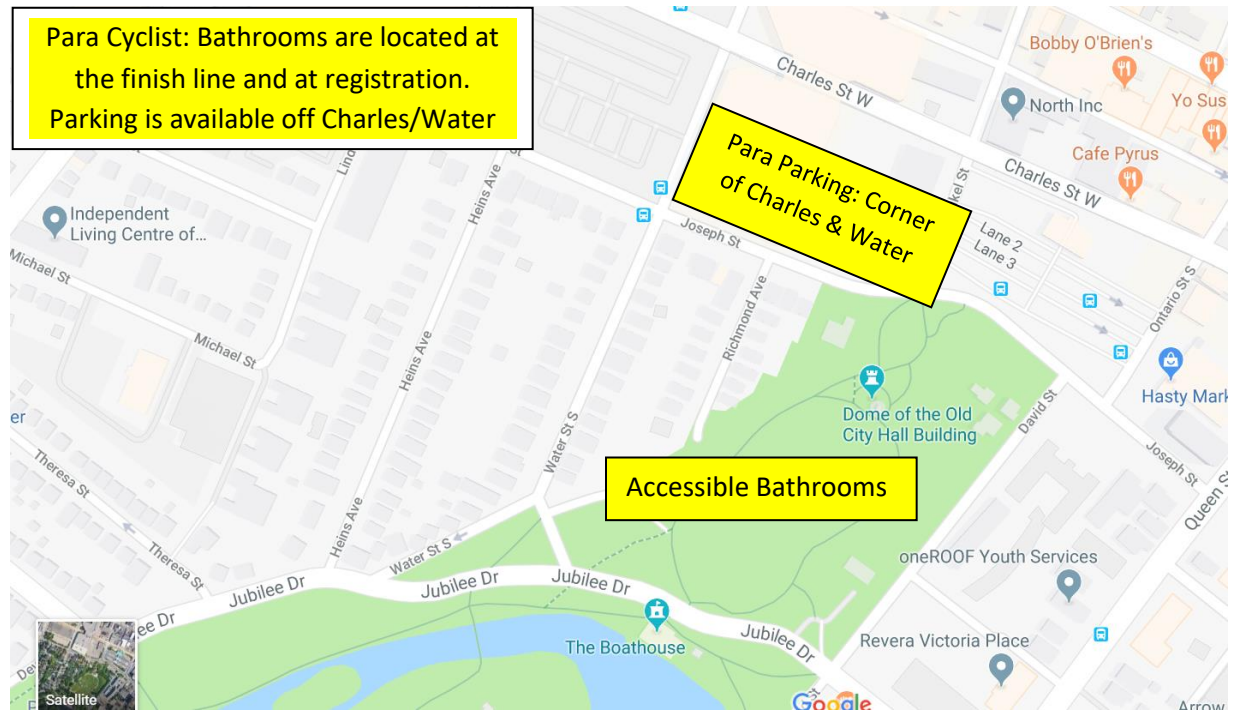
### Diagram of Timing Tag Placement Below

Attach the timing tag on the seat post using the supplied cable tie so that it is parallel to the ground and pointing straight back. Put the cable tie through the hole and around the seat post ensuring that the end of the tag is under the cable tie. The timing tag will need to be returned after the race ends.

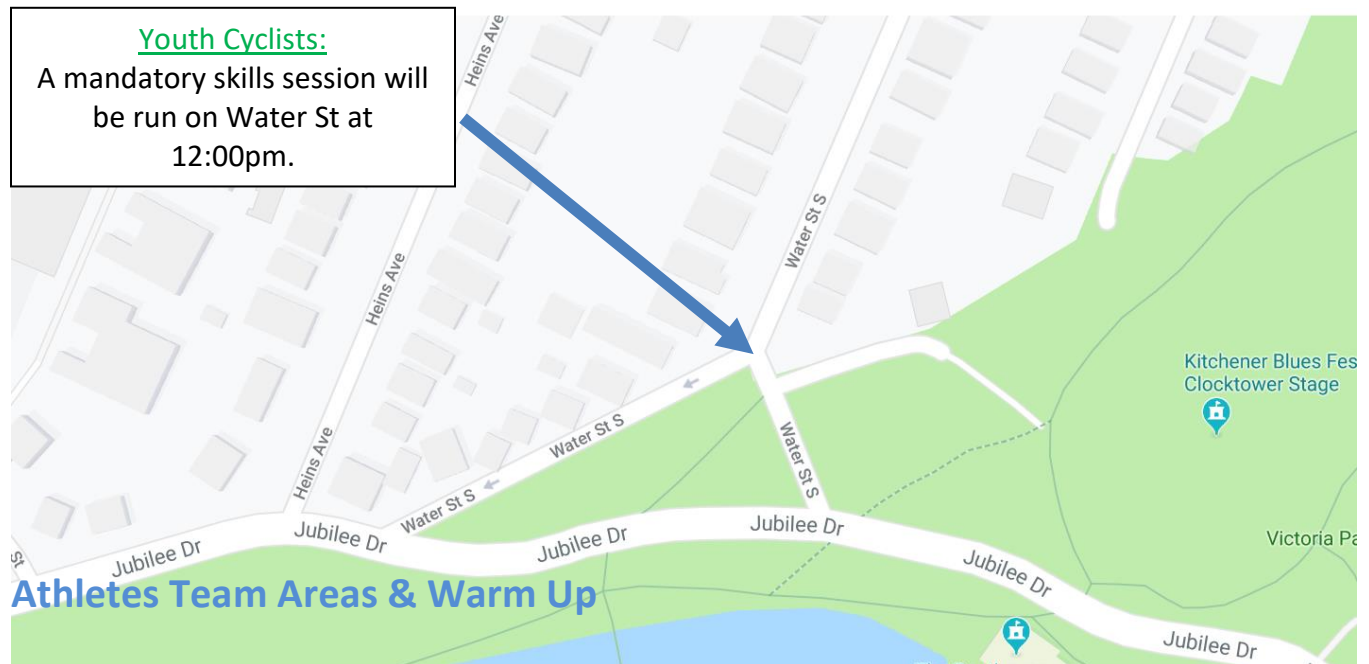


For safety bar (16.17.014) and the hand cycle must have a mirror fixed to the helmet of the athlete or at any point on the front of the bike (16.17.003).

Accessible washrooms and parking are located on the map below.



- [Youth Cyclists](#)  
A skills session will be run Water St at 12:00pm.



### Athletes Team Areas & Warm Up

All athletes will be able to set up tents in Victoria Park for warm up.

**Note:** Victoria Park Pavilion has washroom facilities along with portable toilets that will be at the start line area.

## Post-Race Procedures

These steps will be undertaken in a businesslike manner and racers will be excused as soon as possible. Please cooperate fully during this time as this is essential to the overall success of the event.

## After Finishing the Race

- Following the cool down lap in each race the photographer and media will be granted access to the top three finishers and any other identified award winners at the start/finish area for pictures and interviews while the results are being tabulated.
- **Podium awards will be presented beside the start/finish area just prior to the next race. The Pro/Elite Men & Women podiums will be presented under the start/finish line just after the race ends.**
- Once called, those riders will report to the podium / stage for interviews and award ceremonies. Note: good public relations are important both for the racers, sponsors and the event. Your cooperation is much appreciated.
- If necessary, those riders will make themselves available to the media following the on-stage presentations.
- All awards will be presented after the race officials have posted the race results.
- Competition wear only for podium and awards ceremonies.
- Second place is on the left-hand side of first place from photographer's perspective.
- Riders must attend presentation or forfeit awards.

## Awards and Prize Money

Para	Youth A, B, C, D, E	M3 Men	M2 Men	E4 Men	E3 Men	Jr Men	M 1 Men	M A/B Women	E3 Women	Junior Women	Pro & Elite Women	Pro & Elite 1/2 Men
Medal	Medal	\$125	\$150	\$125	\$150	\$150	\$500	\$125	\$125	\$150	\$3,000	\$3,000
Medal	Medal	\$100	\$125	\$100	\$125	\$125	\$300	\$100	\$100	\$125	\$1,500	\$1,500
Medal	Medal	\$75	\$100	\$75	100	\$100	\$250	\$75	\$75	\$100	\$1,000	\$1,000
							\$125				\$750	\$750
							\$75				\$500	\$500
											\$300	\$300
											\$250	\$250
											\$200	\$200
											\$175	\$175
											\$150	\$150
											\$125	\$125
											\$100	\$100
											\$75	\$75
											\$50	\$50
											\$50	\$50
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											\$50	\$50
											\$50	\$50
											\$50	\$50
0	0	\$300	\$375	\$300	\$375	\$375	\$1,250	\$300	\$300	\$375	\$8,475	\$8,475

Total Prize Money \$20,900

Primes \$2500

Transit Petroleum Youth Bursary \$5000

Total Prize Purse \$28,400

**Note:** Prize money is subject to change based on the numbers of registered riders. If the number of registered riders is less than 30, prize money will be given to the top 50%.

**Note:** Top 10 will be recognized at podium for the Pro / Elite Men & Women's races.

Prize money and Primes can be picked up at the timing platform beside the Start/Finish Line.

Race results will be posted on [www.racetiming.ca](http://www.racetiming.ca)

**Medals will be awarded to the top 3 in each category.**

**Primes will be awarded during the race at the discretion of the Race Director.**

- A Prime is a prize given to the rider who is the first to pass the start/finish line during the race. The Race Director will announce the Primes during the race.

**\*\* Approximately \$2500 worth of Merchandise and Money will be awarded for Primes.**

## Points

Ontario Criterium points will be awarded for each category based on the chart below.

Placing	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th
O-Cup	25	20	16	13	11	10	9	8	7	6	5	4	3	2	1

**Note: No points shall be awarded to the Junior categories (in OCUP Juniors race within Elite)**

## Young Rider Bursary – Sponsored by Transit Petroleum

Each first, second and third place winners of the U19 & U23 male and female races will be awarded the Young Rider Bursary.

The Young Rider Bursary of \$5000 is awarded to support the pursuit of their cycling dreams. Cheques will be awarded to each male and female cyclist during podium presentation times.

### Young Rider Bursary Awards

#### U19 & U23 Male & Female Price Purse

**1<sup>st</sup> Place \$650**

**2<sup>nd</sup> Place \$400**

**3<sup>rd</sup> Place \$200**

## Course Map

- The Start/Finish line is located on Jubilee Dr at the corner of Water Street
- The race will travel east on Jubilee Dr to David Street
- North on David Street to Joseph Street
- West on Joseph Street to Heins Ave
- East on Heins Ave to Jubilee Dr
- West on Jubilee Dr to the Finish Line
- The course is a 1.3km loop with full road closure
- Note: Neutral Service or Pit is West of the finish line on Water Street



**Note: the race direction is “Counter Clockwise”**

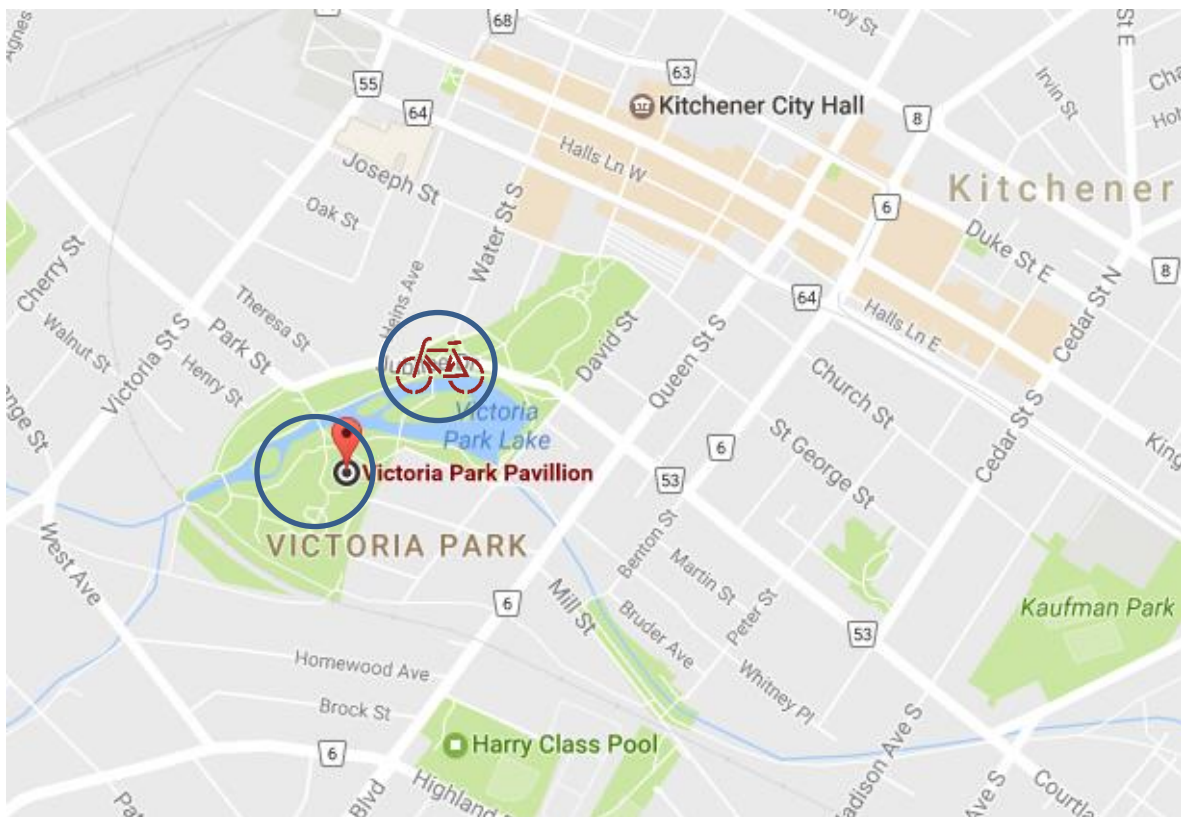
## Driving Directions & Parking



## From Hwy 401 Westbound & Eastbound

- Take Exit #278 - Hwy 8 exit to Kitchener
- Follow King Street E to downtown Kitchener
- Approximately 13km or 15 minutes
- Turn left on Ottawa Street South
- Turn Right on Charles Street
- Turn Left on Queen Street
- Turn Right on Schneider Ave

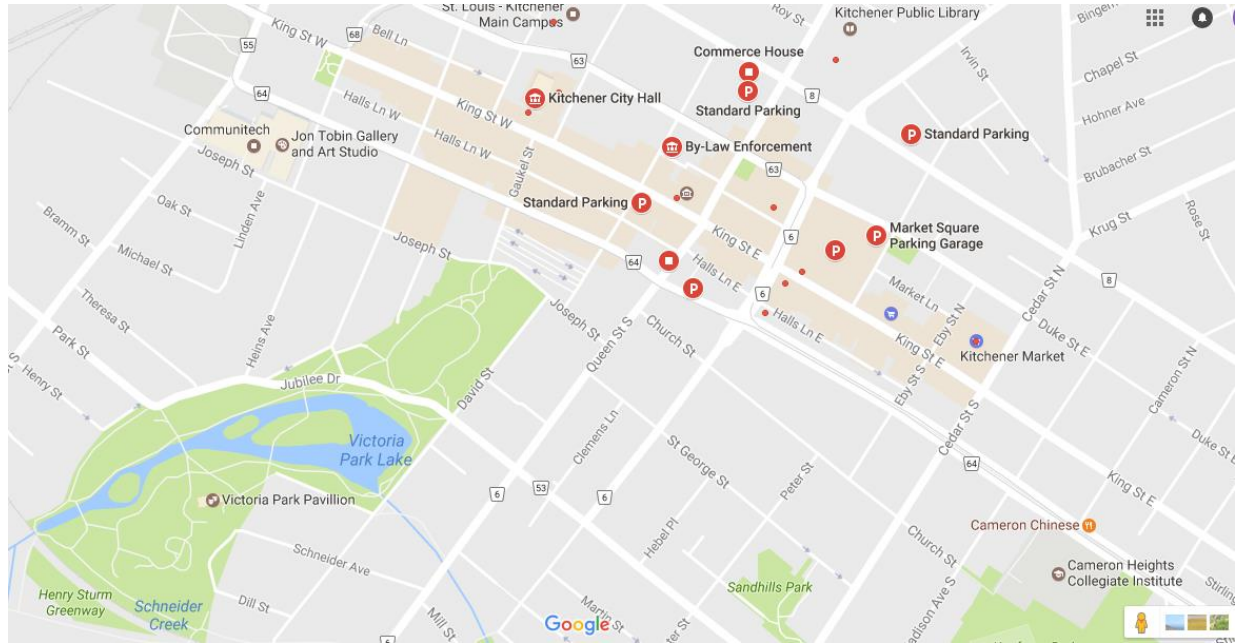
**Victoria Park Pavilion**  
**80 Schneider Ave**  
**Kitchener, ON N2G 1K9**



## Parking



- Municipal parking lots are located around Victoria Park and in the downtown Kitchener core that are available for all participants and spectators. City parking lots are shown on the map below, but other parking lots are in and around the park.
- Limited parking is available at the Victoria Park Pavilion.



## First Aid and Hospitals

Odyssey Medical will be stationed on site as First Responders.

There are two hospitals in the area:

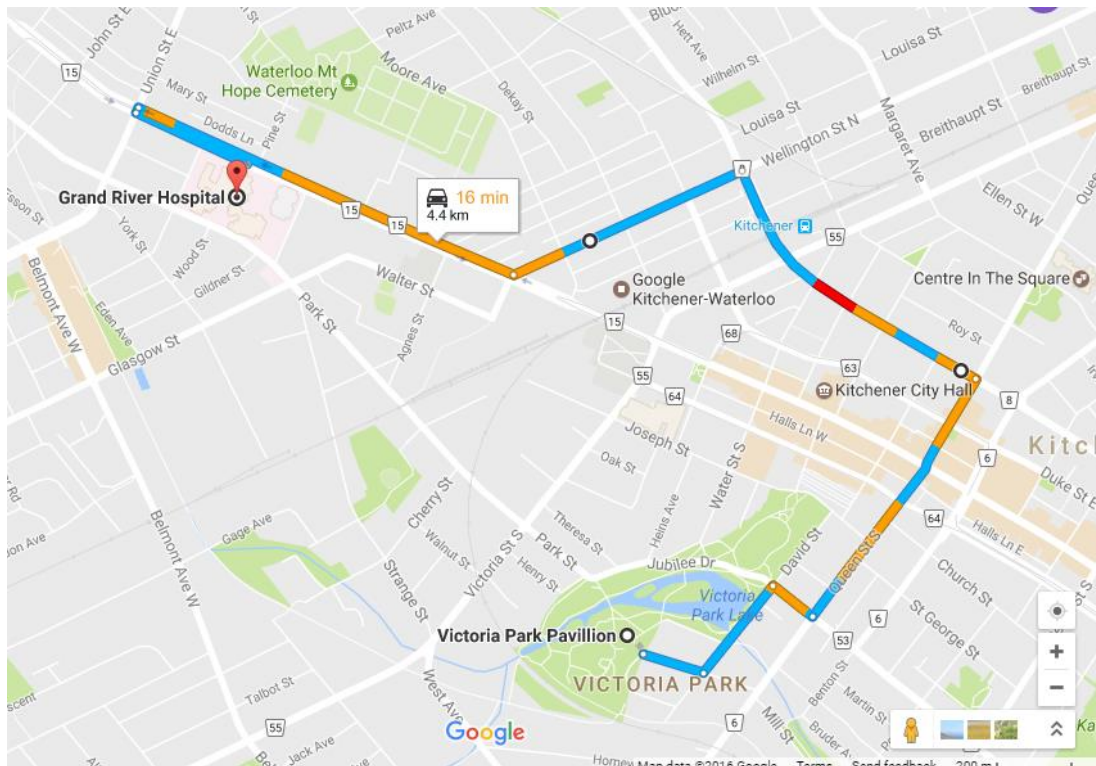
See the map below for directions to local hospitals.

### Grand River Hospital

- Grand River Hospital on King Street in Kitchener 519-742-3611

#### Directions:

- From Victoria Park Pavilion
- Schneider Ave to Queen Street South
- Turn Left on Queen Street South
- Turn Right on King Street
- Travel approximately 3.0 km to the Grand River Hospital



#### St Mary's Hospital

- St Mary's Hospital on Queen's Blvd in Kitchener 519-744-3311

**Directions:**

- From Victoria Park Pavilion
- Schneider Ave to Queen Street South
- Turn Right on Queen Street South
- Travel approximately 1 km to St Mary's Hospital

